

## Mogelijkheden voor zeewier/microalgen in voeding Opportunities for Seaweed/Microalgaebae in food

Hoe algen de smaak van de Europese consument kunnen veroveren?  
How can algae discover the taste of European Consumer?



**Johan ROBBENS**  
**AlgenEvent 'Mei is AlgenMaand'**  
**4Mei 2022**



**Vlaanderen**  
is landbouw & visserij

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Instituut voor Landbouw-  
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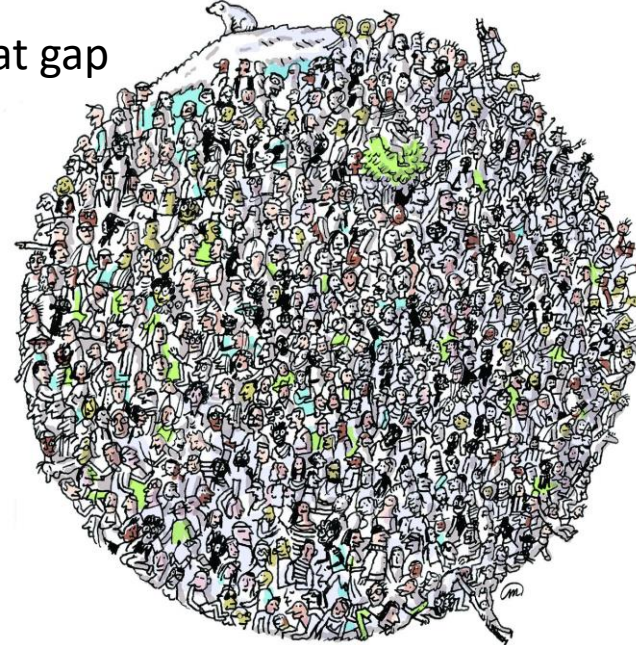
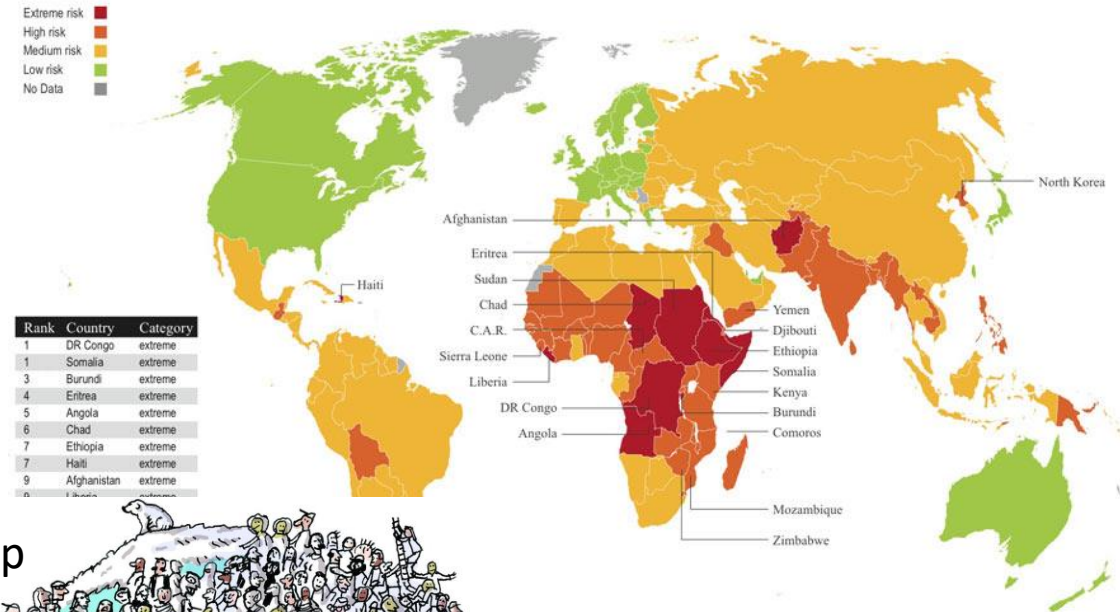
# Algae - Food of the Future?

- Food Security → Feeding the world
- Protein transition → Shift away from animal proteins
- Search for alternative sources
- New niche and more demand for vegetarian and vegan products

- Algae 'Micro/Macro algae' offer opportunity to fill that gap

- Why?
- Several reasons:
- High diversity of species
  - Protein rich, lipid rich, high nutritional value....
  - Sustainable production

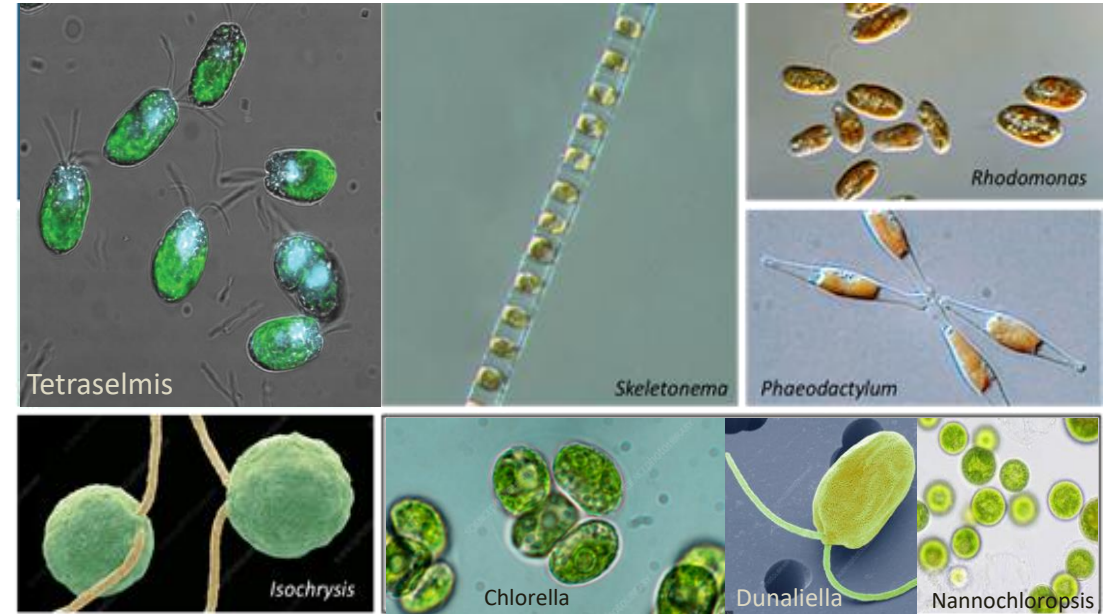
Food Security Risk Index 2011



# Algae! What?



**Microalgae: Unicellular**  
200.000 to 800.000 different species



**Macroalgae: Multicellular- Seaweed**  
Green macroalgae- Chlorophyta (Ulva)  
Brown macroalgae- Phaeophyta (Saccharina)  
Red macroalgae- Rhodophyta (Dulse)

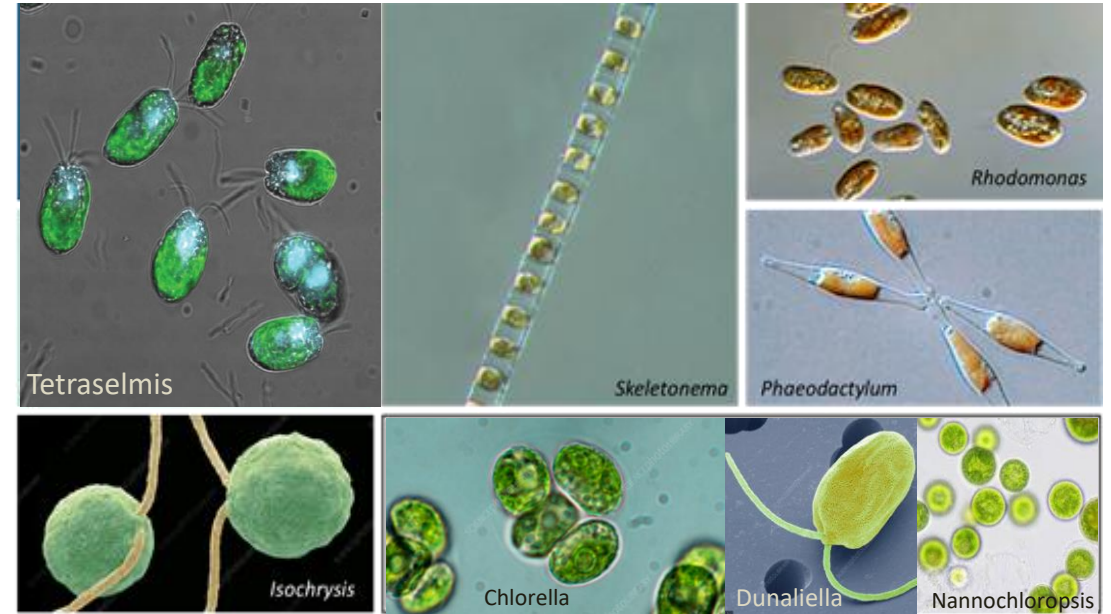




# Algae! What?



**Microalgae: Unicellular**  
Number 200.000 to 800.000 species



# Macroalgae

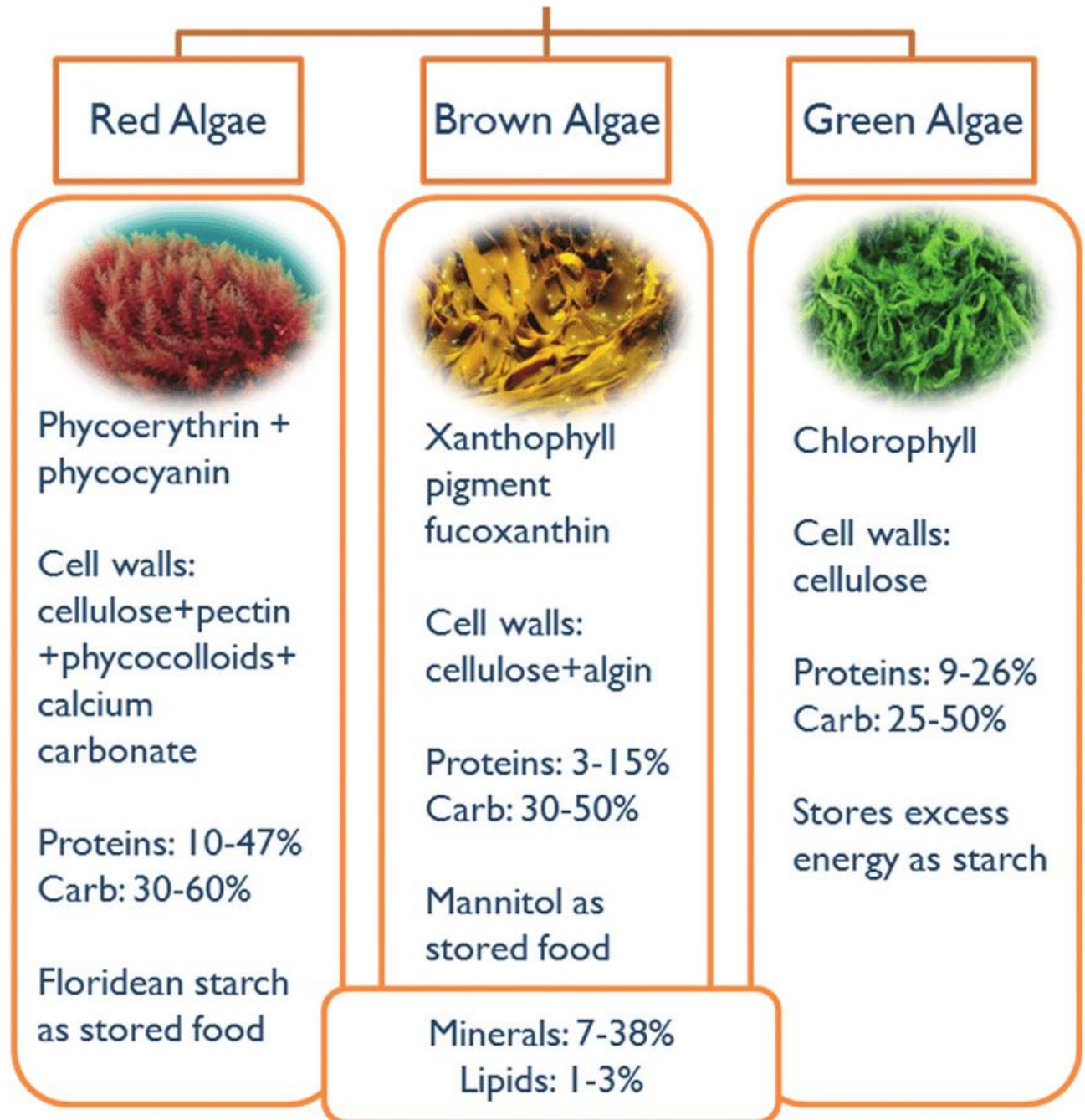
## Algae! What?

### Macroalgae: Multicellular- Seaweed

Green macroalgae- Chlorophyta (Ulva)  
(4000 species)

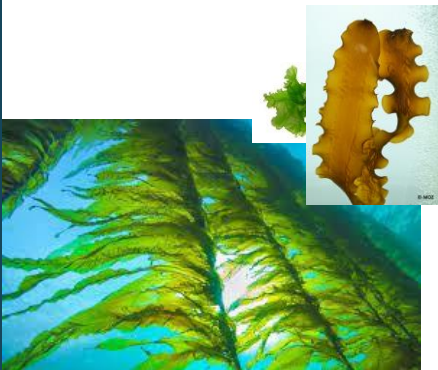
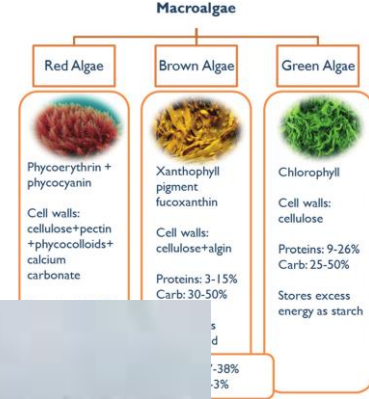
Brown macroalgae- Phaeophyta (Saccharina)  
(2000 species)

Red macroalgae- Rhodophyta (Dulse)  
(6500 species)





# Algae! What?



# **Algae- Food of the future- different aspects**

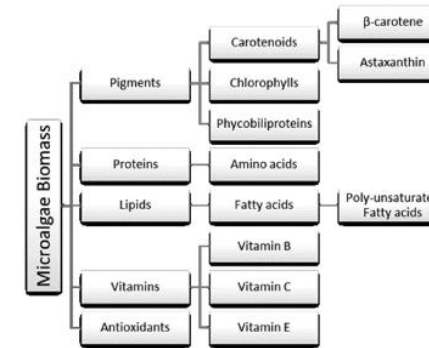
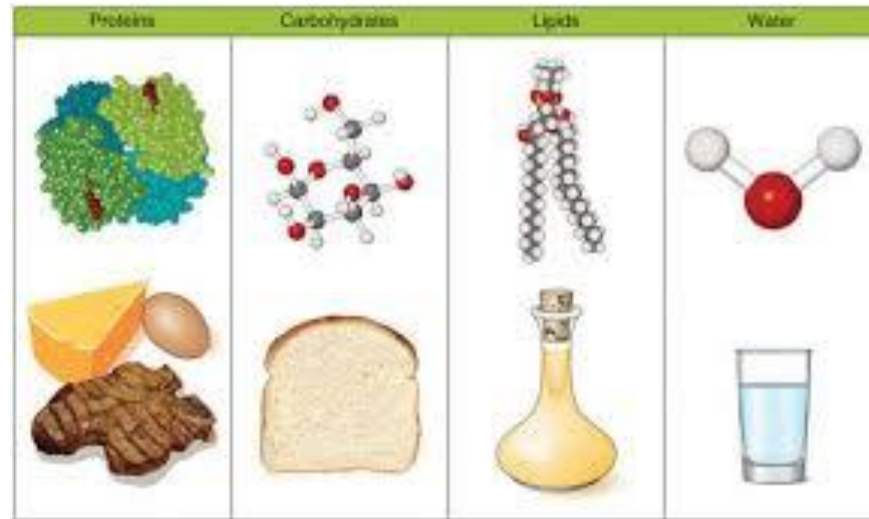
## **Aspects for Food**

- **Nutritional**
- **Functional-Techno-Functional aspects**
  
- **Taste/Flavour/Sensory aspects**

# Algae and Nutrition Food of the future- Nutrition

## Macronutrient

- Protein
- Lipids
- Polysaccharides



**Table 1**  
Composition of microalgal species in percentage of dry biomass matter

Microalgae Species	Composition (%dry matter)			References
	Protein	Lipids	Carbohydrates	
<i>Anabena cylindrica</i>	43-56	4-7	25-30	[1]
<i>Aphanizomenon flos-aquae</i>	62	3	23	[2]
<i>Chaetoceros calcitrans</i>	36	15	27	[3]
<i>Chlamydomonas rheinhardtii</i>	48	21	17	[4]
<i>Chlorella vulgaris</i>	51-58	14-22	12-17	[5]
<i>Chlorella pyrenoidosa</i>	57	2	26	[3]
<i>Diatronema viktarium</i>	57	6	32	[6]
<i>Dunaliella salina</i>	57	6	32	[3]
<i>Dunaliella bioculata</i>	49	8	4	[7]
<i>Euglena gracilis</i>	39-61	22-38	14-18	[3,7]
<i>Haematococcus pluvialis</i>	48	15	27	[6]
<i>Isochrysis galbana</i>	50-56	12-14	10-17	[3]
<i>Porphyridium cruentum</i>	28-39	9-14	40-57	[3,7]
<i>Prymnesium parvum</i>	28-45	22-38	25-33	[7]
<i>Scenedesmus obliquus</i>	50-56	12-14	10-17	[4,8]
<i>Scenedesmus dimorphus</i>	8-18	16-40	21-52	[3,7]
<i>Scenedesmus quadricauda</i>	47	1,9	21-52	[7]
<i>Spirogyra sp.</i>	6-20	11-21	33-64	[7]
<i>Spirulina maxima</i>	60-71	6-7	13-16	[3]
<i>Spirulina platensis</i>	46-63	4-9	8-14	[3]
<i>Synechococcus sp.</i>	63	11	15	[4]
<i>Tetraselmis maculata</i>	52	3	15	[7]

**Table 2**  
Protein content in various food sources including microalgae. Adapted from [4]

Food origin	Protein content (% dry matter)
Beef	17.4
Fish	19.2-20.6
Chicken	19-24
Peanut	26
Wheat Germ	27
Parmesan Cheese	36
Skimmed Milk powder	36
Soybean flour	36
Beer Yeast	45
Whole egg	47
<i>Chlorella sp.</i>	50-60
<i>Spirulina sp.</i>	60-70



# Algae and Nutrition Food of the future- Proteins- Quantity!

## Macronutrient

- Protein

Chicken: 20%

Egg: 47%

Beef: 17%

Macroalgae: 25%

Microalgae: 50%

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Protein content in various food sources including microalgae. Adapted from [4]

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Whole egg	47
Chlorella sp.	50-60
Spirulina sp.	60-70

## Macroalgae

**Table 2** Crude protein and crude fiber proximate composition given in mean relative%, (average of n=2)

Species	Crude protein	Mean value	Crude fiber	Mean value
<b>Rhodophyta</b>				
<i>Gelidium microdon</i>	14.61	15.18	56.71	57.37
	15.75		58.02	
<i>Osmundea pinnatifida</i>	20.32	20.64	33.94	33.82
	20.97		33.69	
<i>Porphyra</i> sp.	25.64	25.80	43.09	40.98
	25.97		38.86	
<i>Pterocladia capillacea</i>	20.56	20.52	52.96	52.08
	20.48		51.19	
<i>Sphaerococcus coronopifolius</i>	19.60	19.56	40.60	41.25
	19.51		41.91	
<b>Phaeophyta</b>				
<i>Cystoseira abies-marina</i>	6.94	6.81	56.26	56.34
	6.69		56.40	
<i>Fucus spiralis</i>	10.56	10.77	61.79	63.88
	10.97		65.97	
<b>Chlorophyta</b>				
<i>Ulva compressa</i>	27.52	26.62	40.24	41.16
	25.72		42.08	

## Microalgae

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# Algae and Nutrition Food of the future- Proteins- Quality

## Macronutrient

- Protein
- 



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Protein content in various food sources including microalgae. Adapted from [4]

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Whole egg	47
Chlorella sp.	50–60
Spirulina sp.	60–70

**Table 3**  
Amino acids profile of conventional protein sources and microalgae (g/100g of dry matter). Adapted from [2,9–11]

Source	Egg	Chicken Breast	Soybean	Chlorella sp.	Chlorella Vulgaris	Nannochloropsis sp.	Scenedesmus sp.	Scenedesmus obliquus	Dunaliella sp.	D. ba
ESSENTIAL AMINO ACIDS										
Histidine	2.4	4.5	2.6	2.4	2.0	2.6	2.5	2.1	2.6	
Isoleucine	6.6	3.24	5.3	4.4	3.8	4.7	4.7	3.6	4.5	
Leucine	8.8	6.4	7.7	9.2	8.8	9.4	9.3	7.3	9.4	
Lysine	5.3	7.9	6.4	8.9	8.4	6.8	6.2	5.6	6.8	
Methionine	3.2	2.5	1.3	2.2	2.2	2.3	2.5	1.5	2.4	
Phenyl-alanine	5.8	3.2	5.0	5.5	5.0	5.5	6.0	4.8	5.5	
Threonine	5.0	3.7	4.0	4.7	4.8	4.8	5.0	5.1	4.9	
Tryptophan	1.7	-	1.4	-	2.1	-	-	0.3	-	
Valine	7.2	3.46	5.3	6.1	5.5	6.0	6.0	6.0	6.0	
NON-ESSENTIAL AMINO ACIDS										
Tyrosine	4.2	3.65	3.7	4.2	3.4	3.9	4.0	3.2	4.0	
Alanine	-	4.7	5.0	8.3	7.9	6.8	7.8	9.0	6.8	
Arginine	6.2	5.8	7.4	7.1	6.4	6.0	6.6	7.1	6.0	
Asparagine	11.0	7.8	1.3	9.4	9.0	9.1	10.5	8.4	9.2	
Glutamic	12.6	11.2	19.0	12.9	11.6	13.8	13.6	10.7	13.8	
Glycine	4.2	3.4	4.5	5.4	5.8	5.2	5.7	7.1	5.2	
Proline	4.2	3.2	5.3	4.8	4.8	8.3	4.9	3.9	8.3	
Serine	6.9	3.4	5.8	4.0	4.1	4.2	4.4	3.8	4.2	
Cystine	2.3	1.1	1.9	0.4	1.4	0.1	4.0	0.6	0.1	

**Table 1**  
Dry matter, crude protein concentrations (mean ± SD<sup>1</sup>) and amino acids (AA) composition (mean) in dried and ground *Ascophyllum nodosum*, *Saccharina latissima* and *Ulva* sp.

	Ascophyllum nodosum	Saccharina latissima	Ulva sp. (June)	Ulva sp. (August)	Soybean meal <sup>2</sup>
Dry matter, (g/100 g)	93.2 ± 0.00	94.0 ± 0.00	92.8 ± 0.00	94.5 ± 0.16	
Crude protein, (g/100 g DM)	11.4 ± 0.18	15.2 ± 0.00	15.9 ± 0.27	13.3 ± 0.18	53.1 ± 1.14
EAA <sup>3</sup> , (g/100 g CP)					
Arginine	4.58	4.25	4.74	4.46	7.21 ± 0.07
Histidine	1.42	1.41	1.29	0.96	2.70 ± 0.12
Isoleucine	4.00	3.87	3.61	3.86	4.50 ± 0.14
Leucine	6.02	6.07	5.87	5.48	7.60 ± 0.13
Lysine	4.92	4.61	3.89	3.40	6.12 ± 0.21
Methionine	1.85	1.47	1.32	1.54	1.34 ± 0.07
Phenylalanine	3.73	3.73	4.70	4.08	5.10 ± 0.10
Threonine	4.25	4.01	4.21	4.75	3.82 ± 0.14
Tryptophan	1.12	1.05	1.17	0.92	1.35 ± 0.06
Valine	4.73	4.65	4.94	5.40	4.81 ± 0.11
NEAA <sup>4</sup> (g/100 g CP)					
Alanine	5.34	6.01	6.81	7.67	4.25 ± 0.15
Aspartic acid	10.1	9.26	9.76	10.03	9.37 ± 3.04
Cysteine	1.85	1.80	1.24	1.65	1.41 ± 0.08
Glutamine	12.1	10.8	9.49	10.82	17.4 ± 0.55
Glycine	6.09	5.35	5.23	4.82	4.14 ± 0.10
Ornithine	0.10	0.09	0.09	0.11	
Proline	3.53	3.45	3.69	3.21	4.76 ± 0.19
Serine	4.14	4.10	4.59	4.75	4.71 ± 0.2
Σ EAA, (g/100 g CP)	36.62	35.12	35.74	34.85	44.2 ± 1.00
Σ NEAA, (g/100 g CP)	43.18	40.85	40.90	43.06	47.9 ± 3.36
EAA: NEAA	0.85	0.86	0.87	0.81	0.93 ± 0.05
Σ Total AA, (g/100 g CP)	79.8	76.0	76.6	77.9	92.1 ± 4.23

<sup>1</sup> Standard deviation over duplicate analysis of a representative seaweed sample.

<sup>2</sup> Average and SD over several studies (Hulshof et al., 2016; Lagos and Stein, 2017; Cowieson et al., 2019; Oliveira et al., 2020).

<sup>3</sup> Essential amino acids.

<sup>4</sup> Non-essential amino acids.

Protein quality of algae good profile

Not for other plants- Algae supplements and Vegan!

# Algae and Nutrition Food of the future- Lipids - **Quantity** and **Quality**

## Macronutrient Lipids

- Quantity: Range

Fish: 1-20%

Beef: 5-15%

Egg: 10%

Microalgae: 5-40%

Macroalgae: 5-15%

Algae	Protein (%)	Carbohydrate (%)	Lipid (%)	Reference
<i>Spirulina platensis</i>	50-65	8-14	4-9	Venkataraman and Becker (1985), Becker (1994)
<i>Chlorella</i> sp.	51-58	12-17	14-22	(Trubachev et al. (1976), Aaronson et al. (1980), Becker (1994), Renaud et al. (1994)
<i>Scenedesmus</i> sp.	50-56	10-52	12-14	Hindak and Probil (1968), Becker (1984, 1994)
<i>Dunaliella</i> sp.	49-57	4-32	6-8	Eddy (1956), Parson et al. (1961)
<i>Synechococcus</i> sp.	63	15	11	Trubachev et al. (1976)
<i>Euglena</i> sp.	39-61	14-18	14-20	Collyer and Fogg (1955), Becker (1994)
<i>Prymnesium</i> sp.	28-45	25-33	22-38	(Ricketts 1966)
<i>Anabaena</i> sp.	48	25-30	4-7	Becker (1994)
<i>Chlamydomonas</i> sp.	43-56	2.9-17	14-22	Becker (1994), Renaud et al. (1994)
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<i>Spirulina maxima</i>	60-71	13-16	6-7	Becker (1994)
<i>Spirogyra</i>	6-20	33-64	11-21	Becker (1994)
<i>Tetraselmis</i>	52	15	16-45	Becker (1994), Brown (1991)
<i>Pavlova</i>	24-29	6-9	9-14	Brown (1991), Becker (1994)
<i>Enteromorpha intestinalis</i>	6.15	30.58	7.13	Chakraborty and Santra (2008)
<i>Rhizoclonium riparium</i>	21.09	15.34	3.37	Chakraborty and Santra (2008)
<i>Lola capillaris</i>	40.87	22.32	4.05	Chakraborty and Santra (2008)
<i>Ulva lactuca</i>	8.44	35.27	4.36	Chakraborty and Santra (2008)
<i>Catenella repens</i>	8.42	28.96	5.29	Chakraborty and Santra (2008)
<i>Polysiphonia mollis</i>	16.59	25.81	5.79	Chakraborty and Santra (2008)



# Algae and Nutrition Food of the future- Lipids – Quantity and Quality

## Macronutrient Lipids

- Quality-,high quality
- PUFA
- high amount of Omega\_3
  - EPA: C20:5, n-3) – algae, seaweed, fish
  - DHA: C22:6, n-3) – algae, seaweed, fish
  - ALA- nuts, seeds

Seaweed and algae are important sources of omega-3 for people on a vegetarian or vegan diet, as they are one of the few plant groups that contain DHA and EPA.

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<i>Spirulina platensis</i>	50–65	8–14	4–9	Venkataraman and Becker (1985), Becker (1994)
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# Algae and Nutrition Food of the future- polysaccharide -Quantity and Quality

Quantity: 4-45%

Quality:

Macronutrient

- Polysaccharide- Important as dietary fiber

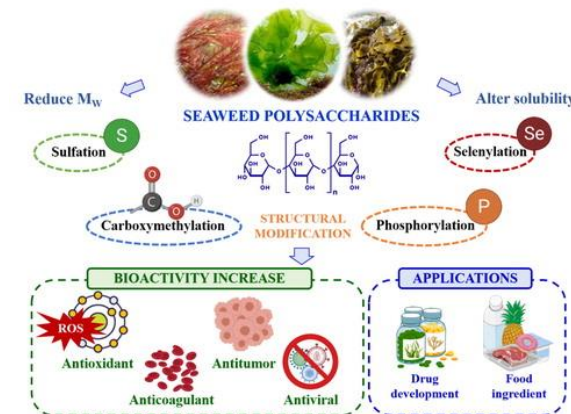
Soluble DF:

- Alginate, laminarin, fucoidan in brown seaweeds,
- Carrageenan, agar and agarose in red seaweed
- Ulvan of green seaweeds

Insoluble DF

- Cellulose, lignin, hemicellulose and starch

Health effects



Functionally important

Polyunsaturated FA (g/100 g FA)		37.9 ± 0.21	22.2 ± 0.51	20.6 ± 0.65	27.8 ± 0.81
C18:2n6	Linoleic acid	8.59 ± 0.05	5.34 ± 0.02	3.15 ± 0.08	5.70 ± 0.05
C18:3n6	$\gamma$ -Linolenic acid	0.19 ± 0.00	0.65 ± 0.01	0.21 ± 0.04	0.37 ± 0.07
C18:3n3	$\alpha$ -Linolenic acid	3.72 ± 0.00	2.33 ± 0.01	6.15 ± 0.16	14.56 ± 0.06
C18:4n3	Stearidonic acid	3.30 ± 0.01	3.13 ± 0.04	6.78 ± 0.06	2.44 ± 0.03
C20:2n6	Eicosadienoic acid	1.91 ± 0.01	0.57 ± 0.12	0.46 ± 0.04	0.4 ± 0.16
C20:3n6	Dihomo- $\gamma$ -linolenic acid	0.67 ± 0.01	0.2 ± 0.01	0.00 ± 0.00	0.49 ± 0.02
C20:4n6	Arachidonic acid	9.93 ± 0.03	4.09 ± 0.04	0.3 ± 0.01	1.2 ± 0.01
C20:3n3	Eicosatrienoic acid	0.45 ± 0.00	0.00 ± 0.00	0.00 ± 0.00	0.00 ± 0.00
C20:5n3	Eicosapentaenoic acid	6.85 ± 0.04	4.67 ± 0.15	1.94 ± 0.02	1.41 ± 0.18
C22:5n6		0.18 ± 0.03	0.00 ± 0.00	0.00 ± 0.00	0.41 ± 0.07
C22:5n3	Docosapentaenoic acid	0.15 ± 0.02	0.2 ± 0.01	1.07 ± 0.06	0.54 ± 0.14
C22:6n3	Docosahexaenoic acid	2.01 ± 0.02	1.03 ± 0.1	0.50 ± 0.17	0.27 ± 0.02
n6		21.3 ± 0.10	10.8 ± 0.2	4.12 ± 0.18	8.15 ± 0.32
n3		16.5 ± 0.08	11.4 ± 0.32	16.4 ± 0.47	19.2 ± 0.43
n-6:n-3		1.29	0.95	0.25	0.42

Polyunsaturated fatty acids (PUFA) are divided into 2 groups as omega (n); n-6 and n-3 groups, based on the position of the terminal double bond (Harris, 2018). Alpha-linolenic acid, EPA and docosahexaenoic acid (DHA) comprise the n-3 FA group. Linoleic acid and arachidonic acid comprise the n-6 FA group. The n-6:n-3 ratio is commonly used as an indicator of functional quality of a lipid source (Harris, 2018). Similar to the present study, van Ginneken et al. (2011) observed the highest concentration of  $\alpha$ -linolenic acid (i.e. 20 % of total FAs) in *U. lactuca* among other studied seaweeds. These authors also observed similar concentrations of EPA in *U. lactuca* and *A. nodosum*. In addition, Peinado et al. (2014) observed similar concentrations of EPA and DHA in *A. nodosum*. Eicosapentaenoic acid, DHA and other unsaturated FAs in the diet are vital for improved health in humans (Calder and Yaqoob, 2009). Therefore, enrichment of food animal tissues (i.e. muscle, milk etc.) with such FAs is beneficial.



# Algae and Functional Food of the future

## Algae and Functional food aspects

# FOOD FUNCTIONS

<p><b>SCONE</b> Self raising flour makes the dough rise</p> <p><b>CAKE</b> Baking powder makes the cake light</p> <p><b>WHOLEHEAL BREAD</b> Yeast makes the dough rise</p>	<p><b>AERATE</b></p> <p><b>MERINGUE</b> Egg white is whisked to form a foam</p>	<p><b>BIND</b></p> <p><b>PANAN BREAD</b> Sugar binds dry ingredients into a smooth dough</p> <p><b>PANCAKE</b> Milk and egg combine to form batter</p> <p><b>FRYCAKE</b> Egg holds other ingredients together</p> <p><b>PASTRY</b> Wheat combines flour and fat to form a dough</p>
<p><b>EGG CUSTARD</b> Egg thickens with heat and starch</p> <p><b>SOUP</b> Flour thickens soups</p> <p><b>STUFF</b> Sugar is mixed with water to form paste</p>	<p><b>THICKEN</b></p> <p><b>PLAIN SAUCE</b> Flour thickens a liquid when heated</p>	<p><b>BULK</b></p> <p><b>FRUIT PIE FILLING</b> Sugar is added to fruit to form a thick paste</p> <p><b>VEGETABLE SAMOSA</b> Potato is the main filling</p> <p><b>NUT ROAST</b> Breadcrumbs absorb liquid and increase in size</p> <p><b>COTTAGE PIE</b> Seasoned vegetable proteins may be mixed with minced meat and vegetables</p>
<p><b>COLD SOUFFLE</b> Gelatine forms a gel</p> <p><b>QUICHE</b> Egg is mixed with other ingredients, then baked</p> <p><b>JAM</b> Pectin mixed with sugar and acid forms a gel</p>	<p><b>SET</b></p> <p><b>BLANCHANGE</b> Custard is heated with milk and flavorings, then cooled</p>	<p><b>GLAZE</b></p> <p><b>SAUSAGE ROLL</b> Egg is brushed over to glaze a crisp golden crust</p> <p><b>BUN</b> Sugar combines to combine with other leavening</p> <p><b>PIE</b> Egg is brushed over before baking</p> <p><b>GARNISH</b> Meringue is brushed over to glaze</p>

Because of their physical and chemical properties, foods perform different functions which can be used in the production of food products.



Techno-Functional Properties of Algae  
Talk Geert Van Royen

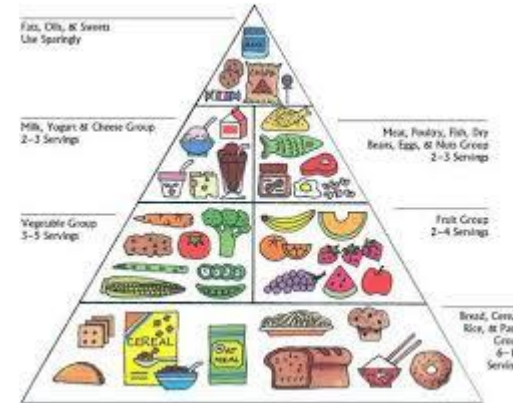
# Algae and Food of the future

## Considering

- Quality and quantity of macronutrient is excellent
- Functionality with high potential
- Micronutrient is excellent (vitamins, pigments, ions...- not covered here)
- Bioactive compounds (Anti-oxidant, anti-inflammatory, anti-microbial...- not covered here)

There is a high potential of algae for food of the future,

But.... The current market



# Current Algae Market

Microalgae- limited species and limited amount

Spirulina 1- 2%

Chlorella 1 -2%

Macroalgae

2-10% seaweed (Saccharina)



INGREDIENTS WEED BURGER:  
 WATER, RICE FLOUR, 16.2% SOY PROTEIN, 10.1% SEAWEED, SUNFLOWER OIL, THICKENER (METHYLCELLULOSE, GARRA-  
 GEENAND), MODIFIED CORN STARCH, FLAVORING, WHEAT FLOUR, POTATO FIBER, DRIED ONION, YEAST EXTRACT, WHEAT  
 PROTEIN, SPICES, LEMON GRANULATE, CARAMELIZED SUGAR



# Algae

## Current market

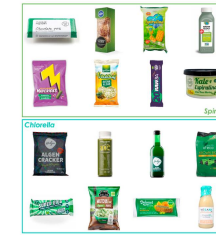
Microalgae- limited species and limited amount

Spirulina 1- 2%

Chlorella 1 -2%

## Macroalgae

2-10% seaweed (Saccharina)



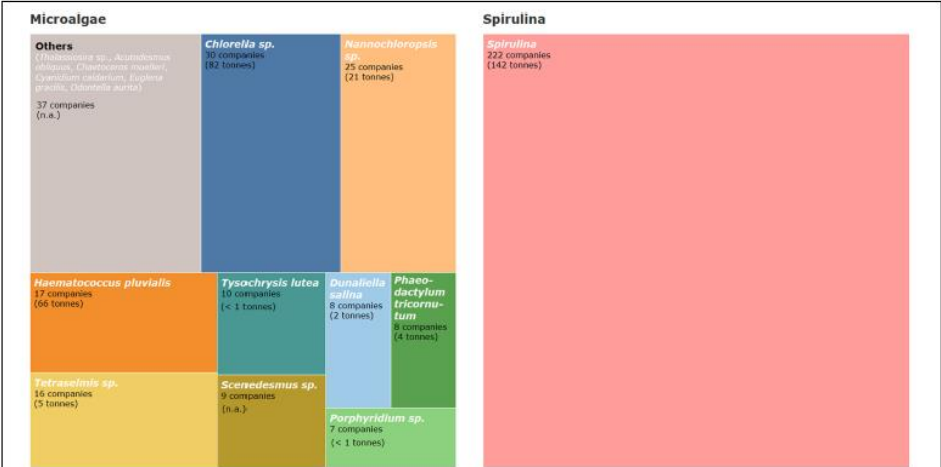
**Table 6**  
Microalgae incorporation in food products

Type of product	Microalgae species	Addition	Benefit	Ref
Biscuits	<i>A. platensis</i>	1.63,3,5,7,8.36% w/w	Nutritional and Techno-functional properties (protein, fiber and anti-oxidative content)	[15]
	<i>A. platensis</i> , Phycocyanin Extract	0.3,0.6 and 0.9% w/w to wheat flour	Nutritional properties	[16]
	<i>A. platensis</i> , <i>C. vulgaris</i> , <i>P. tricomutum</i> and <i>T. suecica</i>	2 and 6% w/w	Nutritional and Techno-functional properties (anti-oxidative activity)	[17]
	<i>I. galbana</i>	1 and 3% w/w	Nutritional and Techno-functional properties ( $\omega$ -3 PUFAs)	[18]
	<i>A. fusiformis</i>	1 and 3% w/w in the flour		[19]
Bread	<i>A. platensis</i>	1.8% w/w in flour		[20]
	<i>A. platensis</i> (gluten free bread)	2-5% w/w in flour	Nutritional and Techno-functional properties (proteins and mineral content)	[21]
	<i>A. platensis</i> and <i>O. siniphilum</i>	5% w/w algal protein in flour		[22]
	<i>Arthrospira</i> sp.	2,2.5 and 3% w/w in flour		[23]
	<i>Dunaliella</i> sp.	10% w/w with algal biomass, biomass without $\beta$ -carotene and biomass without $\beta$ -carotene and glycerol		[22]
Cookies	<i>I. galbana</i> , <i>N. gaditana</i> , <i>S. almeriensis</i> , <i>T. suecica</i>	0.47% w/w in flour		[24]
	<i>C. vulgaris</i>	0.5, 1.0, 2.0 and 3.0 % w/w in flour	Colouring agent	[25]
	<i>H. pluvialis</i>	5, 10 and 15% astaxanthin in flour	Nutritional and Techno-functional properties (antioxidative activity)	[26]
Extruded snacks	<i>Arthrospira</i> sp.	0.4, 1.0, 1.8, 2.6 and 3.2% w/w	Nutritional and Techno-functional properties (proteins content)	[27]
Emulsions: Oil/water	Green and orange <i>C. vulgaris</i> (after carotenogenesis)	2% w/w	Techno-functional properties	[28]
Fermented milk	Green and orange <i>C. vulgaris</i> and red <i>H. pluvialis</i> (after carotenogenesis)	<i>C. Vulgaris</i> : 0.25-2.0% w/w <i>H. pluvialis</i> : 0.05-2.0% w/w	Colouring agent and nutritional properties (antioxidative activity)	[29]
	<i>A. platensis</i>	3 g/L	Nutritional properties	[30]
Frozen yogurt	<i>Arthrospira</i> sp.	2-8% w/w	Nutritional properties	[31]
	<i>A. maxima</i> , green and orange <i>C. vulgaris</i> after carotenogenesis	0.5, 1.0 and 2.0% w/w in flour	Nutritional and Techno-functional properties	[32]
Pasta	<i>A. platensis</i>	1-3% w/w in flour 5, 10 and 20% w/w in flour	Sensory quality and nutraceutical potential Nutritional and Techno-functional properties (antioxidative activity)	[33] [34]
	<i>D. salina</i>	1-3% w/w in flour	Nutritional and Techno-functional properties	[35]
	<i>D. vikianum</i> and <i>I. galbana</i>	0.5, 1.0 and 2% w/w in flour	Nutritional and Techno-functional properties ( $\omega$ -3 PUFAs)	[36]
Probiotic Yogurt	<i>S. platensis</i>	5 and 10% w/w in flour	Nutritional and Techno-functional properties (protein enrichment)	[37]
	<i>A. platensis</i>	0.1-0.8% w/w	Nutritional and Techno-functional properties	[22]
Processed cheese	<i>Chlorella</i> sp.	0.5 and 1.0% w/w	Nutritional and Techno-functional properties	[38]
	<i>A. maxima</i> and <i>D. vikianum</i>	0.1- 1.0% w/w	Nutritional and Techno-functional properties	[39]
Vegetarian food gels	<i>A. maxima</i> , <i>C. vulgaris</i> , <i>D. vikianum</i> and <i>H. pluvialis</i>	0.75% w/w	Nutritional and Techno-functional properties (antioxidative activity, $\omega$ -3 PUFAs)	[40]
	<i>A. maxima</i> and <i>H. pluvialis</i>	0.75% w/w		[41]
Yogurt	<i>Chlorella</i> sp.	Powder extract: 0.25% w/w Liquid extract: 2.5-10%	Nutritional and Techno-functional properties	[42]

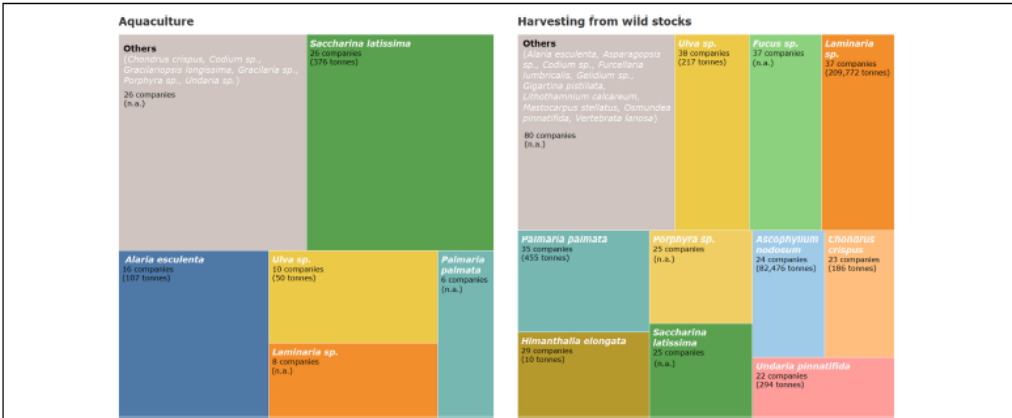
A.K. Gynade et al. / Food Science and Human Wellness 8 (2019) 16-24

**INGREDIENTS WEEF BURGER:**  
WATER, RICE FLOUR, 16.2% SOY PROTEIN, 10% SEA-VEED, SUNFLOWER OIL, THICKENER (METHYLCHELLULOSE, CARRAGEENAN), MODIFIED CORN STARCH, FLAVORING, WHEAT FLOUR, POTATO FIBER, DRIED ONION, YEAST EXTRACT, WHEAT PROTEIN, SPIKES, LEMON GRANULATE, CARAMELIZED SUGAR

# Algae and Functional Food of the future- Business



**FIGURE 11** | Share of number of companies by microalgae species and Spirulina produced in Europe. Examples of the produced species included in the category "Others" are given. Production volumes are given per year by species at the European level whenever available (all numbers are in dry weight).



**FIGURE 8** | Share of number of companies by macroalgae species produced in aquaculture and wild stock harvesting systems in Europe. Examples of the produced species included in the category "Others" are given. Production volumes per year by species are given whenever available (all numbers are in fresh weight). Volumes of production are estimated based on FAO (2020), national and regional statistics authorities and information from the industry.

## Algae and Functional Food of the future-

### Algae and Functional aspects

Most of them are infant formulae containing *Schizochytrium*-derived docosahexaenoic acid (DHA) or astaxanthin-rich oleoresin from *Haematococcus pluvialis*, a carotenoid available as dietary supplement, food additive, or pigment (Enzing et al., 2014; Lafarga, 2019). The incorporation of microalgal biomass into conventional food products, because of their nutritional properties, is a global trend that fostered the launch of several products worldwide. Once again, the majority of these products contain either *Arthrospira* or *Chlorella*, mainly because of their long history of use and protein content (Lafarga, 2019; Nova et al., 2020). The very low concentrations used in some products suggest that microalgal biomass is mostly applied as a colouring agent or for marketing purposes focused on vegan consumers as well as on consumers who decide to purchase organic or ecologic products, rather than for the nutritional or technological advantages of microalgae as a food ingredient (Lafarga, 2019). In fact, several authors evaluated the effect of macroalgae and microalgae biomass incorporation into foods. In general, authors reported that higher algae concentrations (depending on algae species and end product) resulted in negative effects on colour and flavour of the final product, which decrease consumers' acceptance (Arufe et al., 2018; Batista et al., 2013; Jiménez-Colmenero et al., 2010). Protein extracts would allow improving consumers' acceptance, at least from a sensorial point of view. For this reason, the effect of different protein processing methods on yield, digestibility, bioactivity, colour, and flavour of the resulting protein extract needs to be evaluated, in view of the final application (Grossmann et al., 2018; Schwenzfeier et al., 2012).

Authors reported that higher algae concentrations (depending on algae species and end product) resulted in negative effects on colour and flavour, which decrease consumers' acceptance

Algae and negative connotation with taste/flavour and consumer acceptance

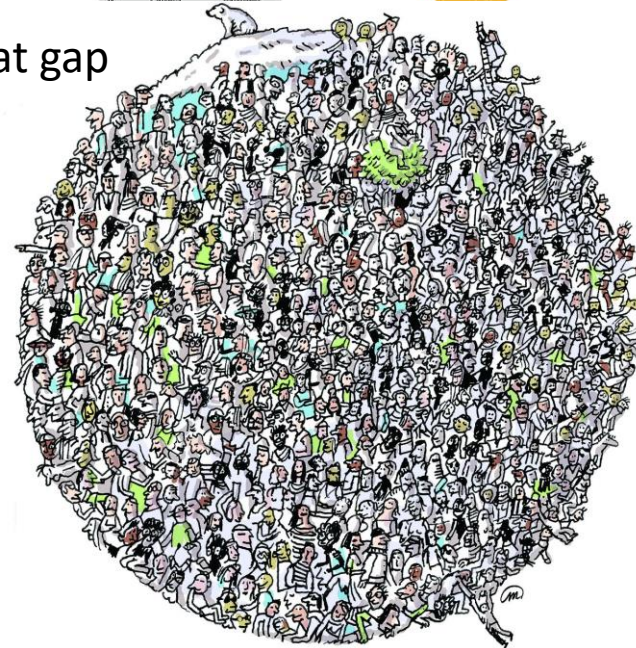
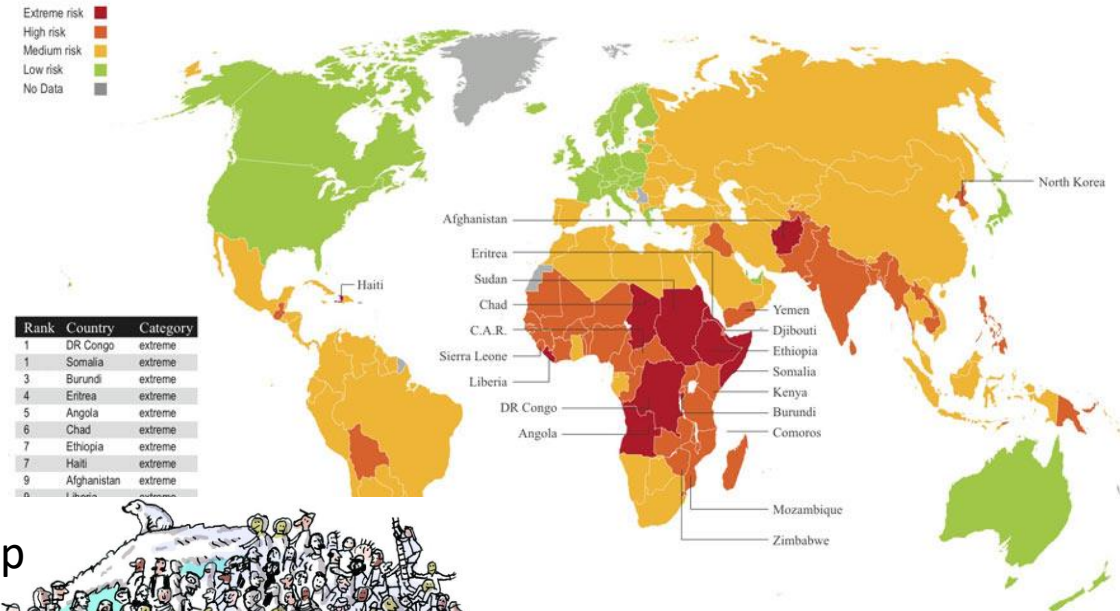
# Algae - Food of the Future?

- Food Security → Feeding the world
- Protein transition → Shift away from animal proteins
- Search for alternative sources
- New niche and more demand for vegetarian and vegan products

- Algae 'Micro/Macro algae' offer opportunity to fill that gap

- Why?
- Several reasons:
- High diversity of species
  - Protein rich, lipid rich, high nutritional value....
  - Sustainable production

Food Security Risk Index 2011





# European Biomass

Food Security → Feeding the world

- Protein transition
- Search for alternative sources
- Algae 'Micro/Macro algae' offer opportunity to fill that gap  
→ Protein rich, lipid rich, high nutritional value

However so far Algae are NOT a part of 'our' (European) food basket

- EU consumers are not used to consume algae
- Often a negative connotation

How to convince?

→ Taste

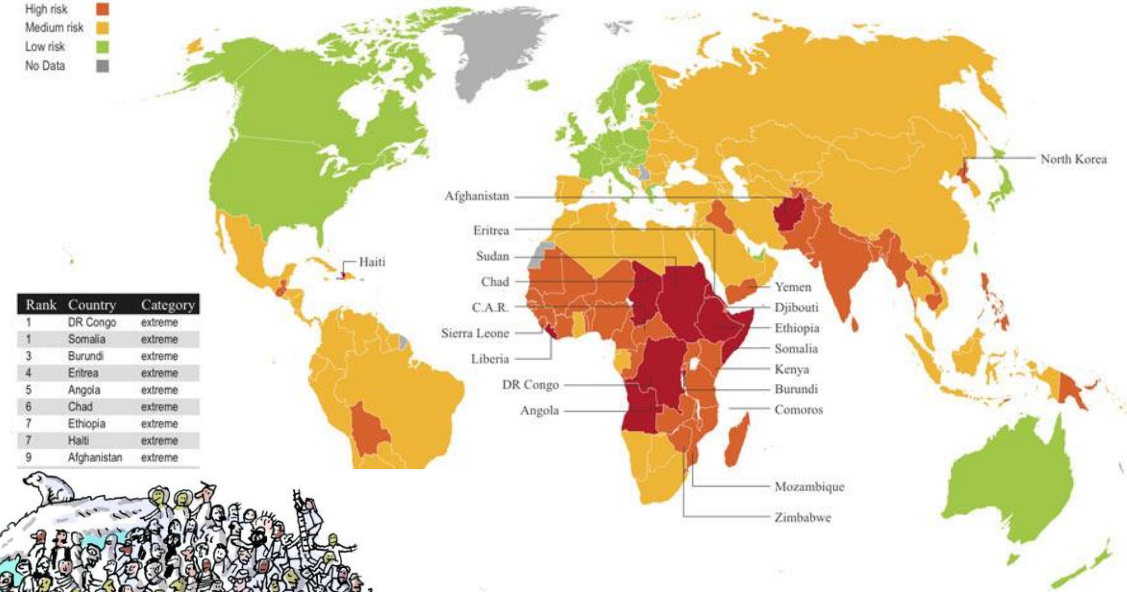
**Within ValgOrize we want to sustainably produce algae with a good flavour/taste that is appreciated by the European consumer 'European Taste/Flavour'.**

## Food Security Risk Index 2011



- Extreme risk
- High risk
- Medium risk
- Low risk
- No Data

Rank	Country	Category
1	DR Congo	extreme
1	Somalia	extreme
3	Burundi	extreme
4	Eritrea	extreme
5	Angola	extreme
6	Chad	extreme
7	Ethiopia	extreme
7	Haiti	extreme
9	Afghanistan	extreme

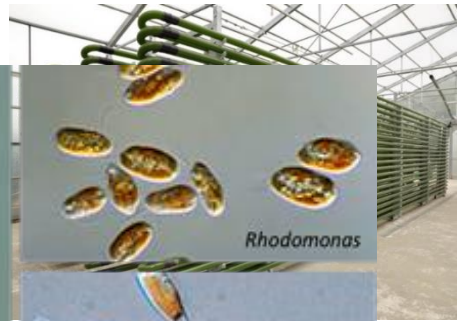
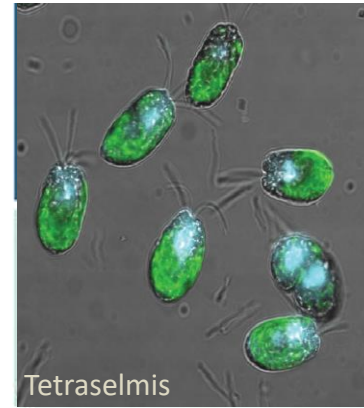


# European Biomass - Macroalgae and Microalgae

## Seaweed/Macroalgae



## Microalgae

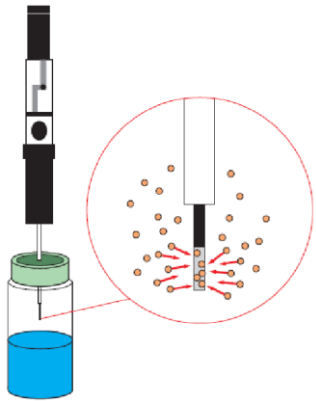


Algae for a 'European flavour'



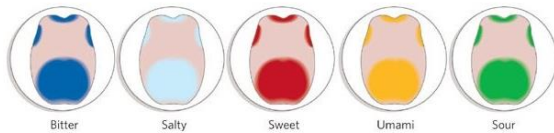
# Flavour/Palatability = combined Aroma, Taste, Mouth Feeling (and colour)

## Assessing compounds

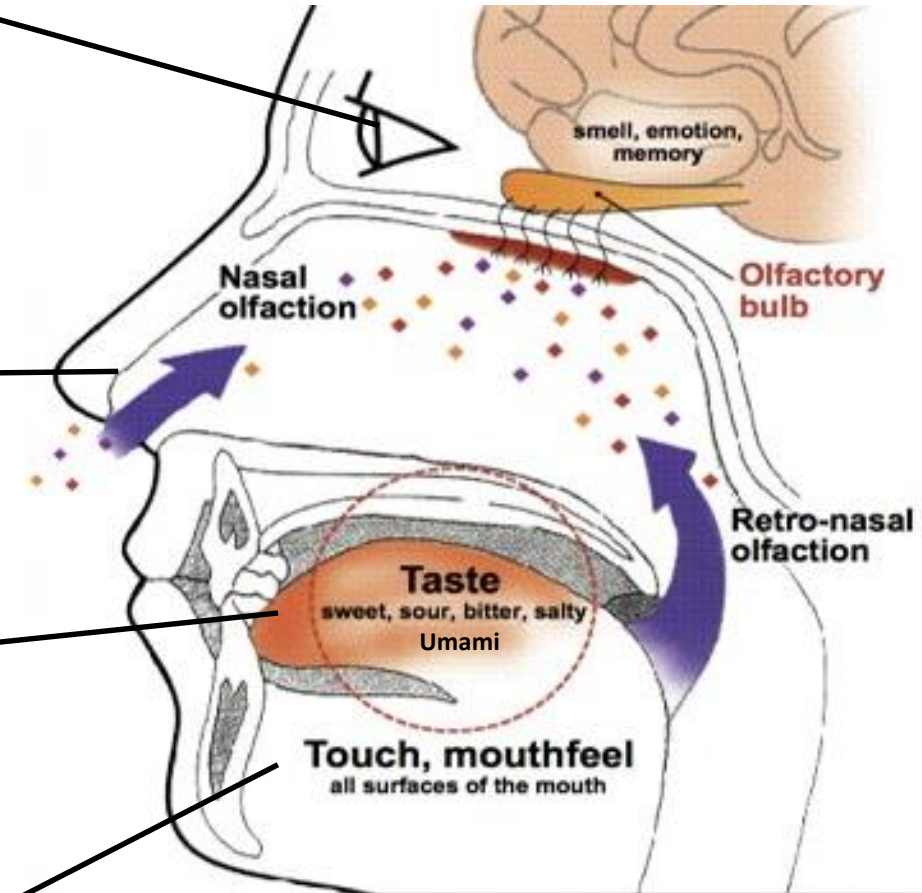
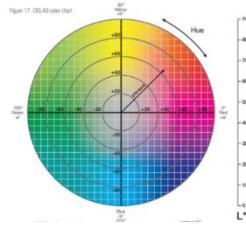


**Aroma**  
volatile compounds

**Taste:** different basic tastes  
free AA, ribonucleotides, sugar, salt



**Colour**  
pigments

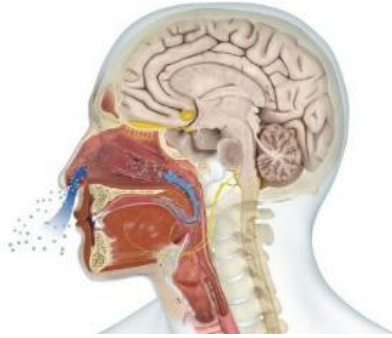


**Mouth Feeling**  
texture: polysaccharides

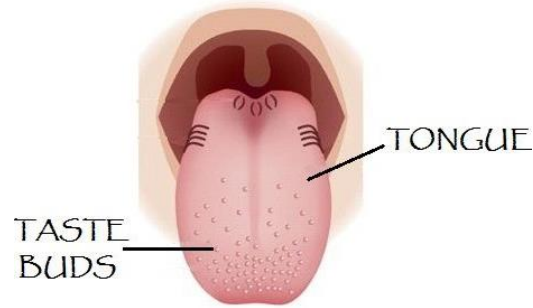
**FLAVOUR**



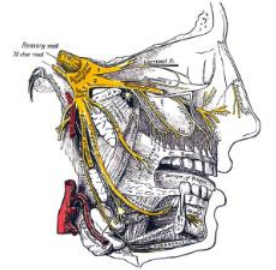
**Aroma**



**Taste**

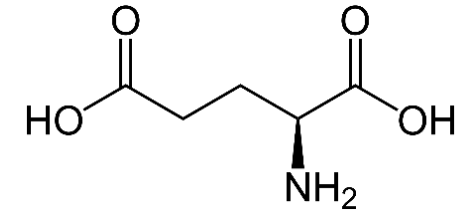


**Textural mouthfeel**

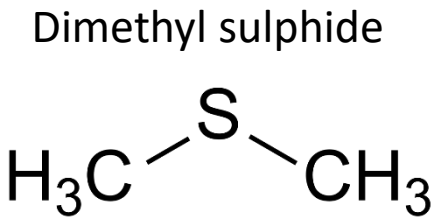
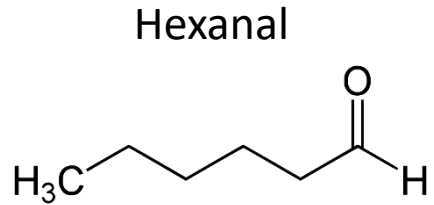
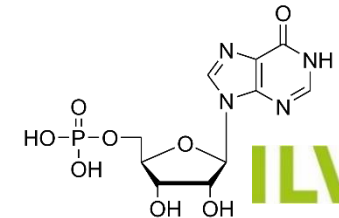


**Umami, Sweet, Bitter, Salt**

**Glutamic acid**



**Inosine monophosphate (IMP)**



**Volatiles**

Fatty Acids  
Sulfur-compounds

**Free amino acids  
Ribonucleotides**

Protein



# Molecules for a good taste!

FAA	Taste attribute	Chl	Dun	Iso	Nan	Pha	Rho	Ske	Tet	Pal	Lam	Sac	Ulv	Und	Cod fish	Crab extr	Shrimp extract	Lobster	Lobster extract	Mussel	Shrimp extract	Coal fish
Phenylalanine	Bitter (-)			1.4		1.9		0.6								1.4	1.0	0.5	1.3		1.1	
Tyrosine	Bitter (-)			2.5		3.0		1.8								2.2	1.2	0.8	1.3	1.0	1.0	
Leucine	Bitter (-)					2.3				0.8	0.8					1.3	1.0		1.3		0.7	
Methionine	Bitter/sweet/umami (-)					0.5										1.4	0.9		1.3		0.8	
Isoleucine	Bitter (-)			3.0		2.9		0.8		1.4												
Valine	Sweet/bitter (-)	1.8		9.9		9.3	0.5	3.3	0.9													
Histidine	Bitter (-)	0.5		1.9		1.7		0.6	1.2													
Arginine	Bitter/sweet (+)	1.1		15.1		7.5	2.6	7.4	25.2	6.5												
Tryptophan	Bitter (-)			0.5		0.7																
	<b>TAV (Bitter)</b>	<b>3.6</b>	<b>0</b>	<b>32.4</b>	<b>0</b>	<b>31.2</b>	<b>3.2</b>	<b>13.3</b>	<b>27.5</b>	<b>8.6</b>												
Threonine	Sweet (+)			0.8		1.3		1.6														
Serine	Sweet (+)			2.5		3.8	1.5	1.2														
Alanine	Sweet (+)	5.8		13.3		14.6	2.3	12.7	3.5	0.9												
Proline	Sweet/bitter (+)			0.7		9.3																
Glycine	Sweet (+)			0.7		0.7		0.5														
Lysine	Sweet/bitter (-)	3.1		3.2		2.5	0.7		2.8													
	<b>TAV(Sweet)</b>	<b>5.9</b>	<b>0</b>	<b>16.5</b>	<b>0</b>	<b>22.7</b>	<b>3.1</b>	<b>12.9</b>	<b>4.3</b>	<b>0.6</b>												
Glutamic acid	Umami (+)	8.1	0.1	8.6	1.6	38.1	3.0	23.9	18.9	1.8												
Aspartic acid	Umami (+)	0.7		2.8		0.9	0.5	1.2	1.1	0.1		0.2	0.1	0.2	0.2	0.2	0.3	0.3	0.3	1.7	0.2	0.1



# Molecules for a good taste!


FAA	Taste attribute	Chl	Dun	Iso	Nan	Pha	Rho	Ske	Tet	Pal	Lam	Sac	Ulv	Und	Cod fish	Crab extr	Shrimp extract	Lobster	Lobster extract	Mussel	Shrimp extract	Coal fish	
Phenylalanine	Bitter (-)			1.4		1.9		0.6								1.4	1.0	0.5	1.3		1.1		
Tyrosine																			1.2	0.8	1.3	1.0	1.0
Leucine																							
Methionine	Bitter																						
Isoleucine																							
Valine	Sv																						
Histidine																							
Arginine	Bi																						
Tryptophan																							
Threonine																							
Serine	Sweet (+)			2.5		3.8	1.5	1.2															
Alanine	Sweet (+)	5.8		13.3		14.6	2.3	12.7	3.5	0.9													
Proline	Sweet/bitter (+)			0.7		9.3																	
Glycine	Sweet (+)			0.7		0.7		0.5															
Lysine	Sweet/bitter (-)	3.1		3.2		2.5	0.7		2.8														
	<b>TAV(Sweet)</b>	<b>5.9</b>	<b>0</b>	<b>16.5</b>	<b>0</b>	<b>22.7</b>	<b>3.1</b>	<b>12.9</b>	<b>4.3</b>	<b>0.6</b>													
Glutamic acid	Umami (+)	8.1	0.1	8.6	1.6	38.1	3.0	23.9	18.9	1.8													
Aspartic acid	Umami (+)	0.7		2.8		0.9	0.5	1.2	1.1	0.1		0.2	0.1	0.2	0.2	0.2	0.3	0.3	0.3	1.7	0.2	0.1	

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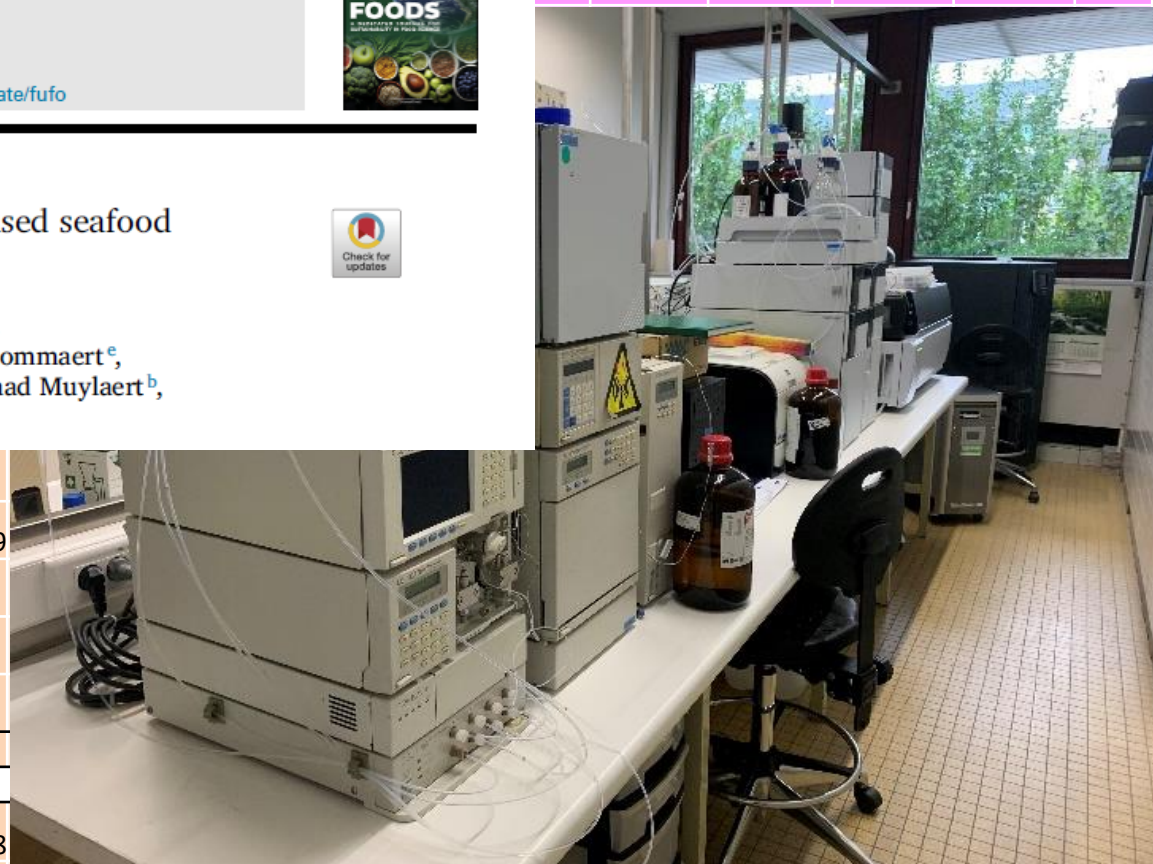
**Future Foods**

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## Potential of microalgae as flavoring agents for plant-based seafood alternatives

Bert Coleman<sup>a,b,\*</sup>, Christof Van Poucke<sup>c</sup>, Bavo Dewitte<sup>a</sup>, Ann Ruttens<sup>f</sup>,  
 Tanja Moerdijk-Poortvliet<sup>d</sup>, Christos Latsos<sup>d</sup>, Koen De Reu<sup>c</sup>, Lander Blommaert<sup>e</sup>,  
 Barbara Duquenne<sup>c</sup>, Klaas Timmermans<sup>e</sup>, Jasper van Houcke<sup>d</sup>, Koenraad Muylaert<sup>b</sup>,  
 Johan Robbens<sup>a</sup>





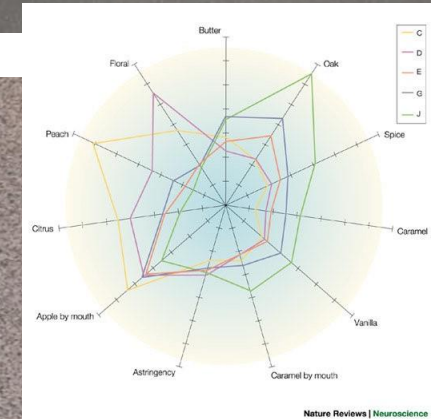
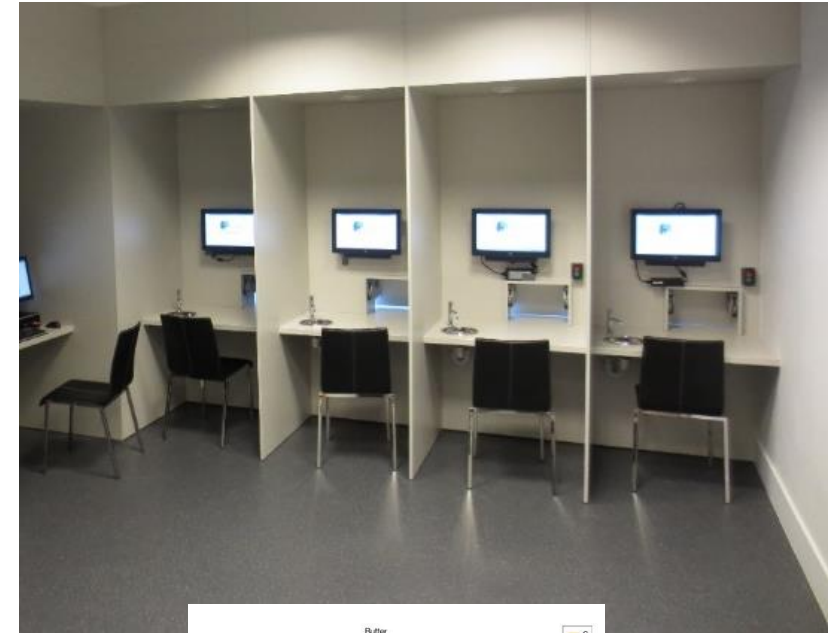
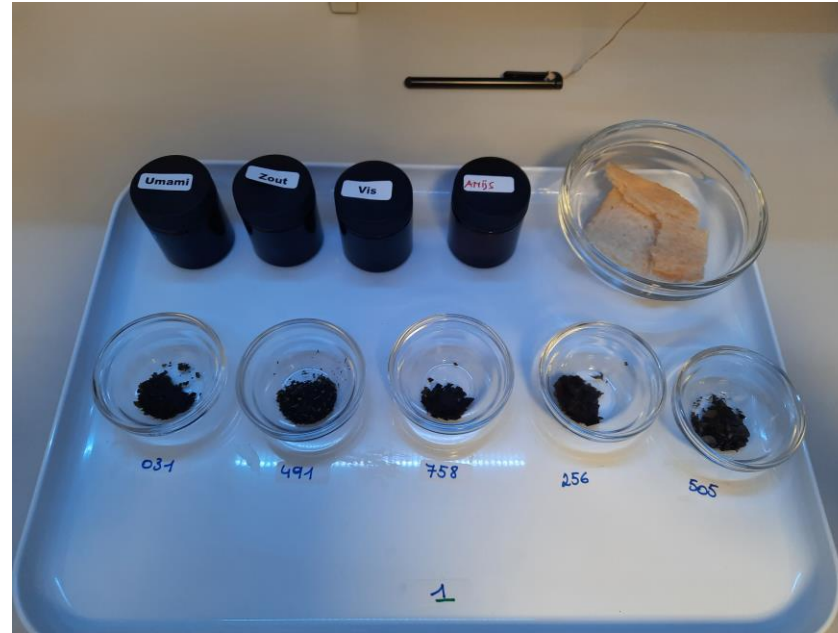
# Expert Taste Panel

## Trained expert taste panel

- Scoring of taste
- Scoring of descriptors/attributes

Approved by ethical committee, based on in depth analysis for food safety (microbial, contaminants)

Tasting of (micro)algae with high potential but that are so far not approved as Novel Food



# Evaluation of algae biomass – Chemical analysis



*Saccharina latissima*



*Alaria esculenta*



*Ulva sp.*

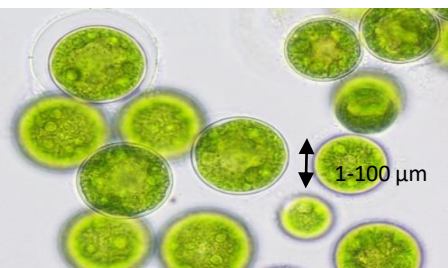


## Volatile compounds

	RT	RI
<i>Aldehydes</i>		
Hexanal	16.551	1080
Heptanal	21.604	1170
Octanal	26.057	1286
2-Heptenal	27.426	1326
Nonanal	30.022	1404
2-Octenal	31.328	1512
2,4-Heptadienal	32.529	1531
<i>Alcohols</i>		
1-Penten-3-ol	20.321	1148
1-Octen-3-ol	31.795	1520
2-ETHYL-1-hexanol	33.142	1541
4-Hepten-1-ol	33.596	1549
<i>Esters</i>		
Ethyl acetate	7.623	692
<i>Ketones</i>		
4-Methyl-2- Heptanone	22.534	1187
1-Octen-3-one	26.532	1301
6-Methyl-5-hepten-2-one	27.927	1341
<i>Acids</i>		
Acetic acid	32.154	1525
4-Hydroxy butanoic acid	37.994	1642
2-Ethyl hexanoic acid	46.424	1900
<i>Aromatic compounds</i>		
Methylene chloride	9.131	927
Benzaldehyde	33.014	1539
Phenol	34.589	1565

## Chemical analysis

- Volatile compounds
- Taste compounds
  - Umami
  - Bitter
  - ...





# Evaluation of algae biomass by taste panel



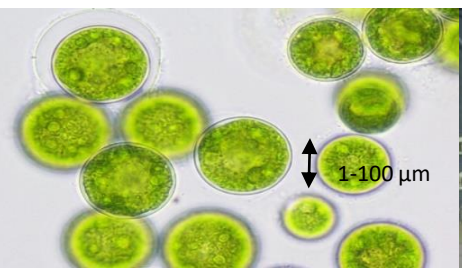
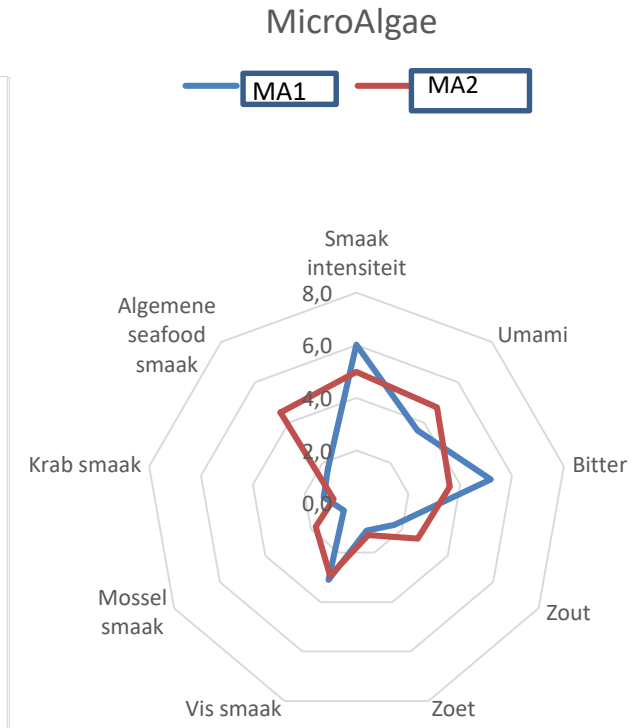
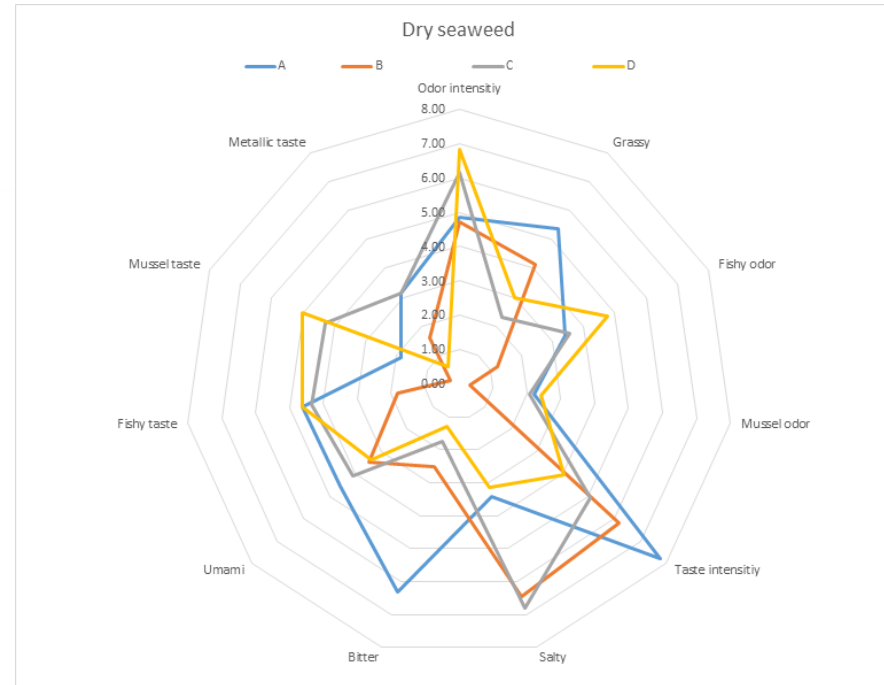
*Saccharina latissima*



*Alaria esculenta*



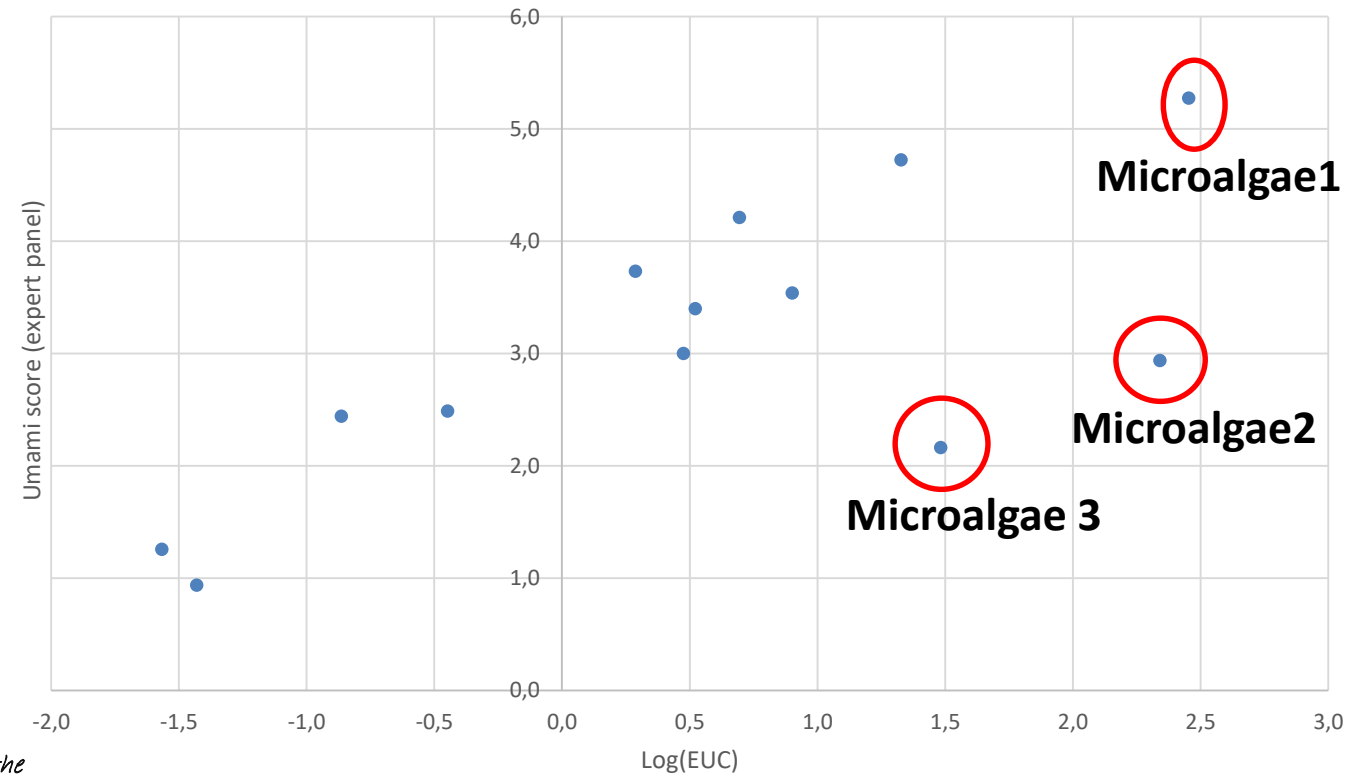
*Ulva sp.*



## Link umami score and chemical umami markers (EUC)

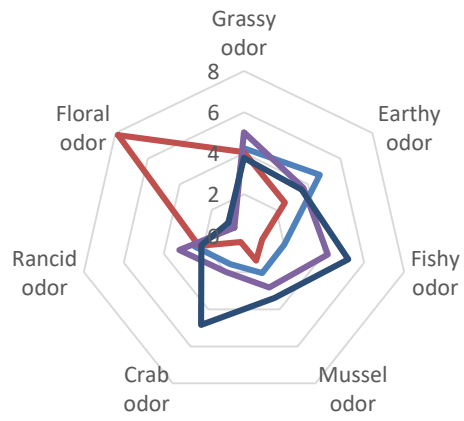
Sample	EUC	Umami Score	Bitter Score
MicroAlgae1	284	5	3.5
MicroAlgae2	219	3	6
MicroAlgae3	30	2	4
MicroAlgae4	21	5	3
MicroAlgae5	8	3.5	2
MicroAlgae6	5	4	1

↑                      ↑  
**Analytics**                      **Expert Panel**

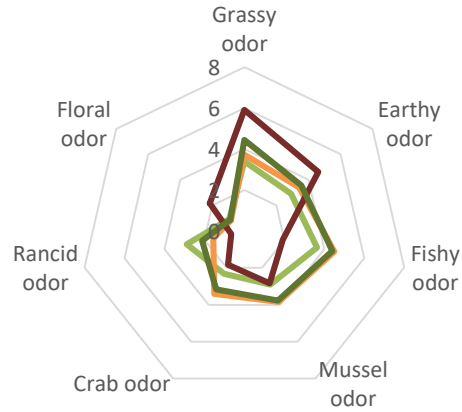


*EUC: Equivalent Umami Concentration is the quantitative parameter introduced to describe umami intensity in food, based on the concentration of umami amino acids and 5'-nucleotides*

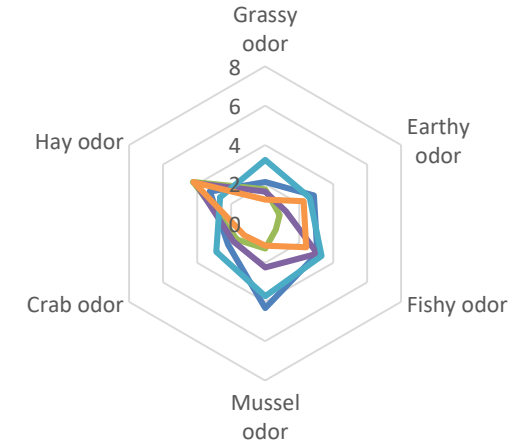
# Evaluation of algae biomass by taste panel



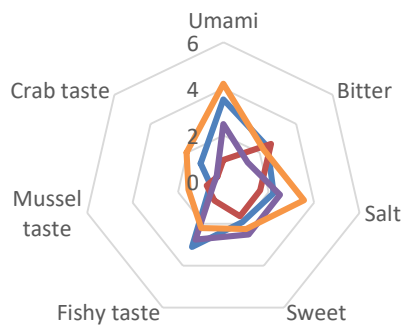
- Chlorella vulgaris
- Dunaliella salina
- Nannochloropsis oceanica
- Rhodomonas salina



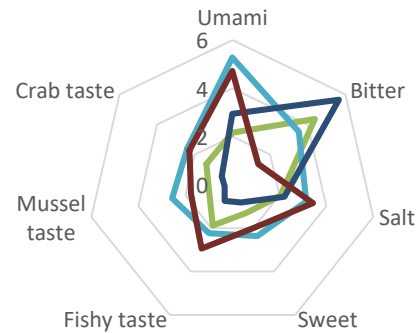
- Isochrysis galbana
- Phaeodactylum tricornutum
- Skeletonema costatum
- Tetraselmis chui



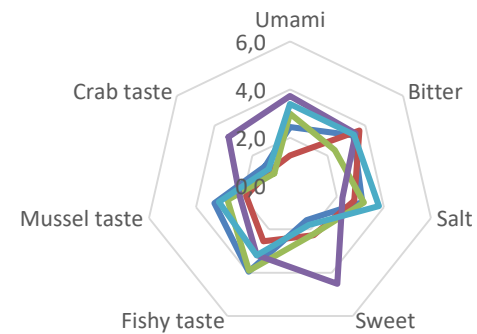
- Palmaria palmate
- Undaria pinnatifida
- Saccharina latissimi
- Laminaria ochroleuca
- Ulva laetevirens/rigida



- Chlorella vulgaris
- Dunaliella salina
- Nannochloropsis oceanica
- Rhodomonas salina

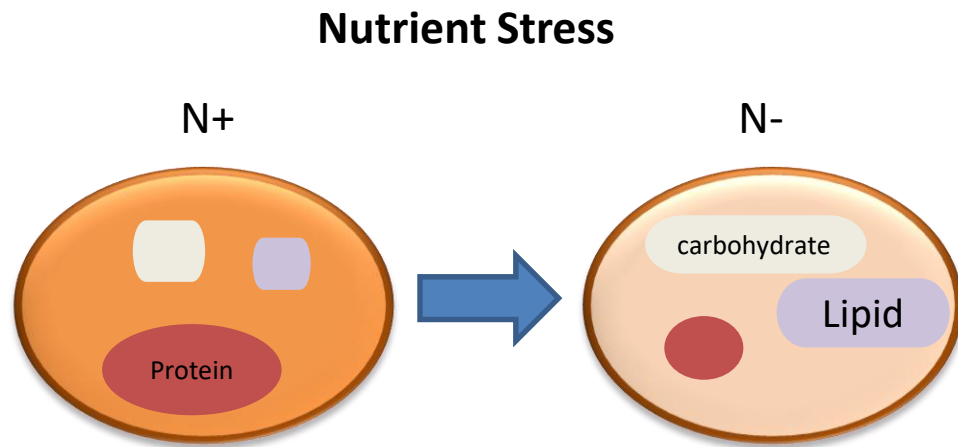
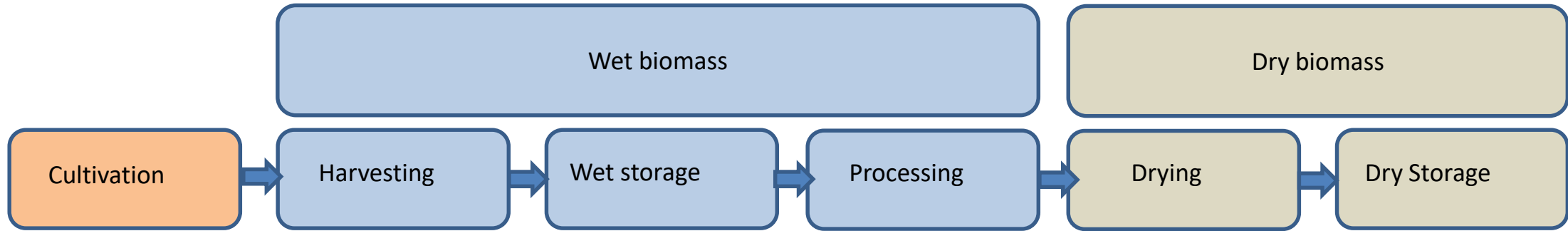


- Isochrysis galbana
- Phaeodactylum tricornutum
- Skeletonema costatum
- Tetraselmis chui



- Palmaria palmate
- Undaria pinnatifida
- Saccharina latissimi
- Laminaria ochroleuca
- Ulva laetevirens/rigida

# Effect of **cultivation** on flavour of microalgae?

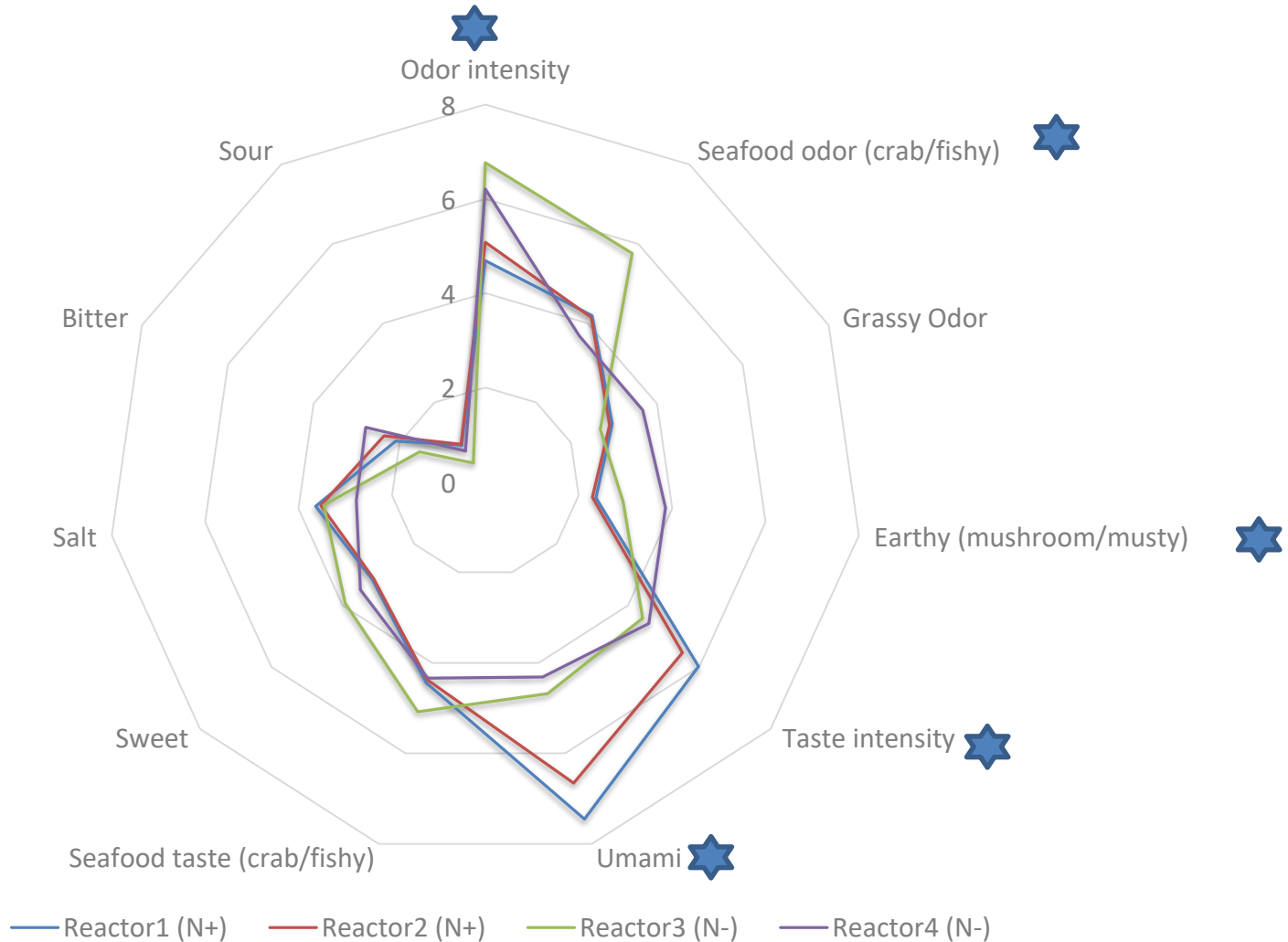




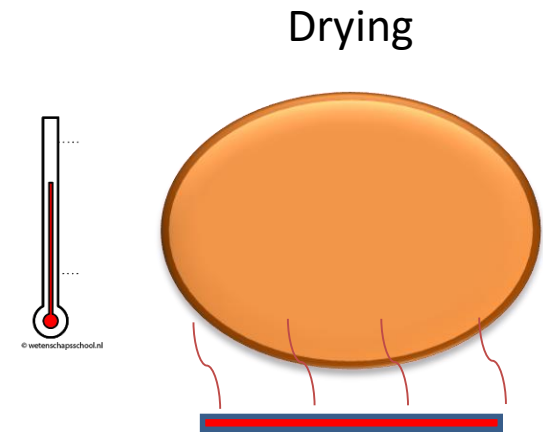
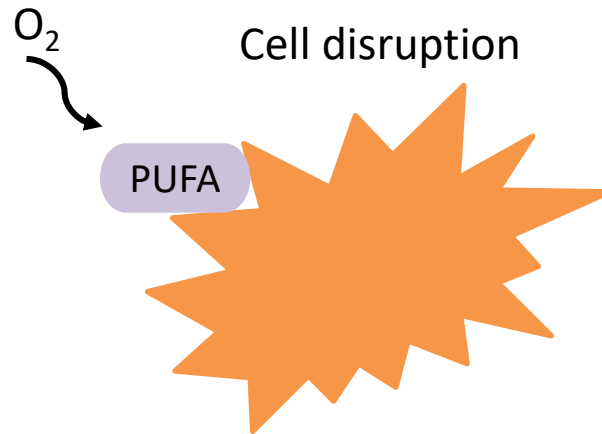
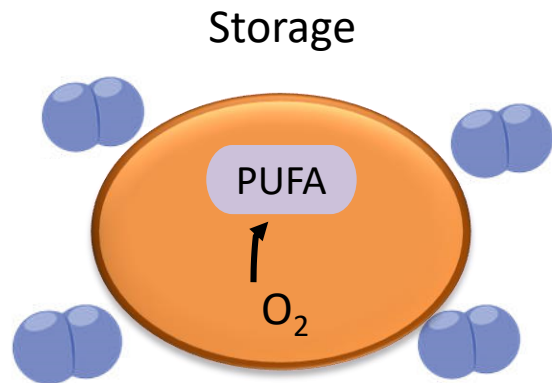
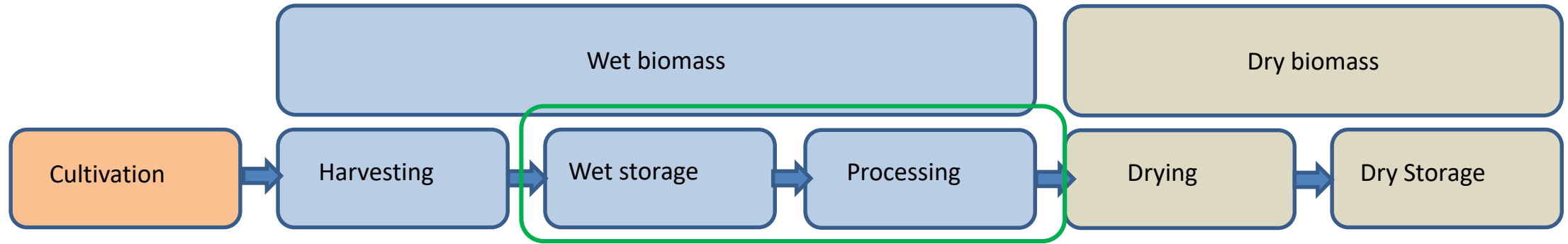
# Sensory Evaluation

N-stress for optimized (umami)taste  
Nutriënt Stress  
(PhD Bert Coleman)

Light stress- cfr  
Rhodomonas work of  
Christos Latsos



# Effect of processing and storage on flavour of microalgae?



Effect of **processing** and **storage** on flavour *Nannochloropsis*

Cell-disruption

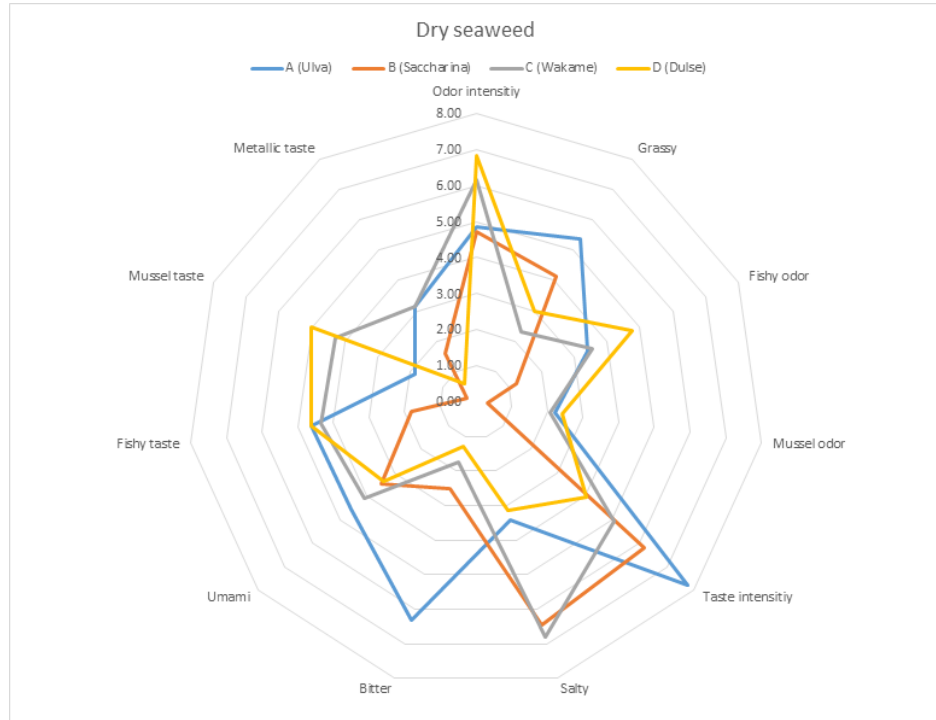


Drying technique



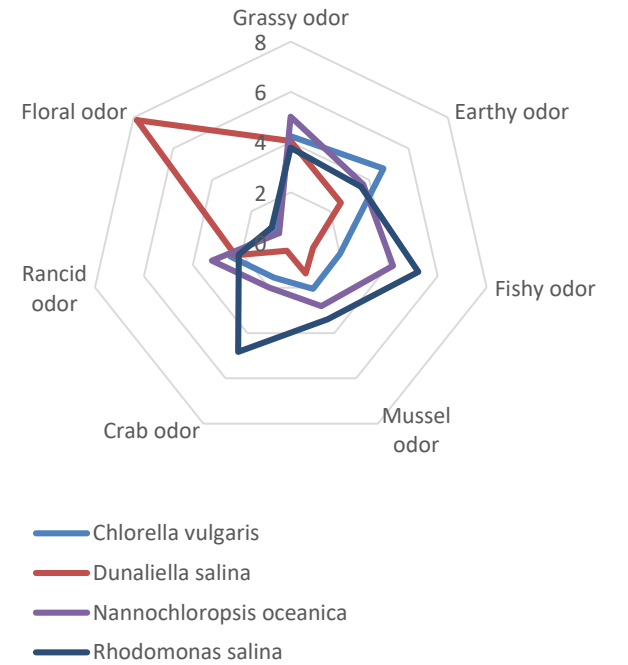
# Evaluation of algae biomass- taste profiles

## MacroAlgae



Cultivation, processing, storage- What is the impact on the taste profile

## MicroAlgae



*Saccharina latissima*



*Alaria esculenta*



*Ulva sp.*

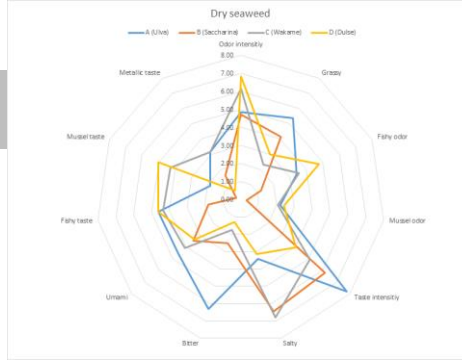


*Rhodomonas salina* (HZ)



# Algae in food?!

## Product development in ValgOrize

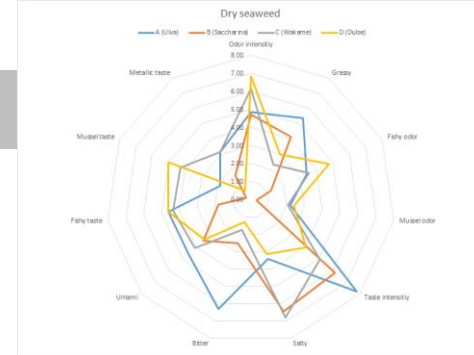


Session  
Room Pasteur



# Algae in food? What is next?

## Collaboration ValgOrize/ILVO and Donald



## Interactive Session Donald



# Algae in food? What is next? !

## Co-creatie session with consumers



Talk Charlotte/Veerle



# Algae in food? What is next? !

ILVO-Algen Event: Woensdag 4 Mei

Kennistransfer van ValgOrize naar de (Vlaamse) voedingsindustrie  
Kennisoverdracht en eventuele begeleiding voor co-creatie door ILVO



The screenshot shows the ValgOrize website interface. At the top left is the logo for Interreg 2 Seas Mers Zeeën ValgOrize. The navigation menu includes 'Over ValgOrize', 'Nieuws', 'Events', 'Algenpaspoorten', and 'Contact'. A language selector 'NL' is visible on the right. Below the navigation, a breadcrumb trail reads 'Homepagina → Agenda → Zeewieren en algen op ons bord - de smaakvolle, gezonde toekomst!'. The main content area features an event announcement for 'wo 04.05.2022' from '09:00 – 16:00'. The event title is 'Zeewieren en algen op ons bord - de smaakvolle, gezonde toekomst!' and it is categorized as an 'EVENT'. At the bottom of the event announcement, there are links for 'Aquacultuur en maricultuur' and 'Zeewier en microalg'. The footer of the website includes the Interreg 2 Seas Mers Zeeën ValgOrize logo and the text 'European Regional Development Fund'.



# Thanks

A lot of people have contributed....

- Special thank to Liesbet Colson and Bert Coleman for slides
- Special thank to Valentina Casciaro, Kaitlyn Vanhoutte for lab work
- Special thank to Liesbet Colson, Bert Coleman, Valentina Casciaro, Geert Van Royen, Barbara Duquenne, Kathleen van de Walle for the organisation of taste panel
- Special thank to Louise Pauwels, Greet Riebels for communication
- Special thank to all consortium partners for the nice collaboration
- Special thank to Interreg 2 Seas for funding



# Thanks!

Further questions?

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[www.ilvo.vlaanderen.be](http://www.ilvo.vlaanderen.be)

## Conclusion

Is Algae- food of the future??

- Explore the big diversity of microalgae/macroalgae
- Taste can be an important driver
- Produce 'European quality'
- Align with food producers during cultivation/harvesting



## Conclusion

Algae- food of the future??

Yes....

Explore the big diversity of microalgae/macroalgae

Taste can be an important driver

Produce 'European quality'

Align with food producers during cultivation/harvesting



MICROALGAE



Yes, Algae the food of the future!!